

Attend a Free Demo and Lecture

Learn Proper Manual Trigger Point Technique: Corrective Exercises with State of the Art Self-Care Methods for YOU and your PATIENTS!

Perfect for all professional healing arts practitioners and doctors:

Physical Therapists Occupational Therapists Chiropractors Yoga and Pilates Trainers Doulas and Midwives
Osteopaths and Naprapaths
Medical Massage Therapists
Personal Trainers/Coaches

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Rose Kahn, B.S., C.M.T.P.T./E.X.T. is a Master Myotherapist and Corrective Exercise Specialist, trained by Bonnie Prudden, the Mother of Myotherapy, in her final class in 1997.

This method of Pain Erasure needs to be brought globally to as many healers dedicated to eradicating muscular pain.

With private practices in Aspen, Santa Barbara and Santa Fe for 20 years, Rose can offer you the very BEST Myotherapy instruction, and teach you many special shortcuts that will dovetail with your specialty and give your practice a unique edge.

Learn how this 20 hour course will greatly elevate your scope of practice as well as the state of your own personal body mechanics.

Limited, small classes offer everyone quality guidance and constructive feedback.

For more detailed information, to enroll or to organize bringing this one-of-a-kind workshop to your town or facility please see the site: TriggerPointInstruction.com/Workshops

Next Date and Location: